



What is covered?

This specialised course is designed for certified massage therapists aiming to deepen their understanding and skills in prenatal massage. It combines theoretical knowledge with practical techniques to ensure therapists can provide safe, effective, and empathetic care to pregnant clients throughout all stages of pregnancy. By completing this training, therapists will be equipped to address the unique physical and emotional needs of expectant mothers, enhancing their practice and offering valuable support during this transformative period. In this course you will learn how to safely perform pregnancy massage. In this course you will learn how to set up your client in safe and relaxed position for pregnancy massage. This course will cover massage techniques that is suited to pregnant women. In this course you will learn about prenatal and postnatal massage and the benefits. You will learn of the mental, physical and physiological changes that occurs during pregnancy as well as contraindications to pregnancy massage.

Duration

There is two options:
Fully online (\$199)
3 Day course (\$999)

Provided by the RTO

To support your studies, we will provide:

- An online interactive digital platform with all the learning resources.
- Issuance of certification documentation upon successful completion.
- Ongoing support and help (please check on our website for specificity).
- Research database to conduct research for assignments.

Any new information for the student

For more information, please read through the student handbook. Students must be aged 18 or older.

Location

3/31 Fortune Street Narrogin WA 6312

Course Fee

Online: \$199 In Person: \$999 (3 days)
(No additional fees. Please refer to our refund policy found in your enrolment form for further details).

Additional Resources

Internet and a computer are required for this course. Students will need to purchase the required textbooks. Students can purchase optional kits including:

- Massage Kit (\$550)
- Pregnancy Massage Kit (\$599)

The kit's will be beneficial for at-home practice.

Mode of Assessment

The delivery of the course will be blended learning. The theory will be delivered online. You will have a designated lecturer assigned to assist you. For the in-person course, the practical components will be delivered on campus. The on-campus training will be announced closer to the time.



Course Description

This course includes a combination of self-study and a classroom using a simulated environment.

Overview

This course covers the following

3 Day Pregnancy Massage Course

Selection Criteria

Our course requires that you:

- A formal qualification in beauty therapy or massage
- Have required kit's.
- Access and ability to use a computer.
- Have a computer and stable internet.
- Be fit and healthy to perform the practical components.
- Aged 18 years or older.
- Completion of WACE General or ATAR (Minimum C Grades) or equivalent
- An LLND quiz will need to be completed prior to enrolling.