



What is covered?

After completing the course students will be able to: use correct preparation skills to perform dry needling select the appropriate size needle for the region palpitation skills for muscles to be dry needled be able to identify when dry needling is suitable and not suitable to their clients communicate the risks and benefits to their clients explain how dry needling works in both clinical terminology and more importantly terminology that is appropriate for their client to understand. Combining theoretical knowledge with hands-on training, participants will learn to apply dry needling techniques safely and effectively for the treatment of musculoskeletal conditions. The course will cover the neurophysiological mechanisms and clinical indications of dry needling, students will practice needle insertion, manipulation, and removal across various muscle groups. Students will be able to integrate dry needling into comprehensive treatment plans for pain management and functional improvement. The course is suitable for remedial massage therapists, physiotherapists, chiropractors, osteopaths, and other healthcare practitioners involved in musculoskeletal care.

Duration

3 Days 9-5 Course Structure Total Nominal
Hours: 60 hours

- Practical Component (25 hours)

Minimum: 20 hours hands-on practice with
instructor supervision.

Face-to-face Practical Assessment:

- Minimum 5 hours practical assessment
session. Theory Component (35 hours)

Provided by the RTO

To support your studies, we will provide:

- An online interactive digital platform with all
the learning resources.
- Issuance of certification documentation
upon successful completion.
- Ongoing support and help (please check on
our website for specificity).
- Research database to conduct research for
assignments.

Any new information for the student

For more information, please read through the
student handbook. Students must be aged 18 or
older.

Location

3/31 Fortune Street Narrogin WA 6312 (Flexible dates
all year round)

Stirling Area Western Australia

22,23,24 October 2025

Course Fee

\$999

(No additional fees. Please refer to our refund policy
found in your enrolment form for further details).

Additional Resources

Internet and a computer are required for this course.
Students will need to purchase the required textbooks.
Students can purchase optional kits including:

- Massage Kit (\$550)
- Dry Needling Kit (TBA)

The kit's will be beneficial for at-home practice.

Mode of Assessment

The delivery of the course will be blended learning.
The theory will be delivered online. You will have a
designated lecturer assigned to assist you.

The practical components will be delivered on campus.



Course Description

This course includes a combination of self-study and a classroom using a simulated environment.

Overview

This course covers the following

3 Day Dry Needling Course

Selection Criteria

Our course requires that you:

- A formal qualification in beauty therapy or massage
- Have required kit's.
- Access and ability to use a computer.
- Have a computer and stable internet.
- Be fit and healthy to perform the practical components.
- Aged 18 years or older.
- Completion of WACE General or ATAR (Minimum C Grades) or equivalent
- An LLND quiz will need to be completed prior to enrolling.
- Participants must provide evidence of prior accredited training in Remedial Massage
- Ongoing Competency Reminder: Therapists should complete 20 hours of MDN education every 3 years as per Massage & Myotherapy Australia's Myofascial Dry Needling Policy
- Participants are encouraged to review the Massage & Myotherapy Australia's position statement and practice guidelines