



What is Remedial Massage?

This course will set you up for a career in remedial massage therapy! Remedial massage is used to treat muscular dysfunction in a specific area or region in the body. Techniques can include components of relaxation massage, deep tissue massage with additional techniques enabling the manipulation of the soft tissues and treatment of muscular dysfunction. Remedial massage also includes trigger point therapy to dissolve muscle knots and soft tissue restrictions. Specific assessment and treatment procedures are performed from a clinical perspective such as range of motion (ROM) assessments and muscle energy technique (MET)- a specialized stretching and mobility technique used to help normalize muscle and joint function. In this course you will learn all the newest techniques and underpinning knowledge to be able to work as a Remedial Massage Therapist once qualified. The Australasian College of Massage and Myotherapy has a strong emphasis on understating anatomy and physiology alongside good palpitation and communication skills. This will allow our graduate students to confidently use manual therapy techniques to treat a variety of musculoskeletal conditions.

Duration

- Duration: 18 months (Part-time)
- Volume of Learning: 1240 hours
- On-campus attendance:
 - 1-2 days per week, 9:00 am – 4:00 pm
- Online: Wed, Thu/4:00 pm-6:00 pm,
Fri/7:00 am-9:00 am
- Self-paced study: Approximately 5-15 hours per week
- Delivery structure:
Combination of face-to-face training, supervised clinical practice, and online learning

Provided by Australasian College of Massage and Myotherapy

To support your studies we will provide:

- An online interactive digital platform with all the learning resources.
- Research database to conduct research for assignments.
- Ongoing support and help
- Issuance of certification documentation upon successful completion.

Location

96 Herald Street, Narrogin WA 6312

Important information about this course

To be registered with private health funds please read this information. (Our course complies with this legislation)

<https://www.massagemyotherapy.com.au/Home/Health-Funds>



Course Description

This course covers the following

CORE UNITS	
BSBESB401	Research and develop business plans
CHCCOM006	Establish and manage client relationships
CHCDIV001	Work with diverse people
CHCLEG003	Manage legal and ethical compliance
CHCPOL003	Research and apply evidence to practice
CHCPRP005	Engage with health professionals and the health system
HLTAAP002	Confirm physical health status
HLTAAP003	Analyse and respond to client health information
HLTINF004	Manage the prevention and control of infection
HLTMSG009	Develop massage practice
HLTMSG010	Assess client massage needs
HLTMSG011	Provide massage treatments
HLTMSG013	Perform remedial massage musculoskeletal assessments
HLTMSG014	Provide remedial massage treatments
HLTMSG015	Adapt remedial massage treatments to meet specific needs
HLTMSG016	Apply principles of pain neuroscience
HLTMSG017	Apply remedial massage clinical practice
HLTWHS004	Manage work health and safety
ELECTIVE UNITS	
BSBESB404	Market new business ventures
HLTMSG018	Adapt massage practice for athletes
HLTREF002	Provide reflexology for relaxation

Course Fee

Tuition Fee : AUD \$ 11,800

Enrolment Fee : AUD \$ 200

*Payment plans available(Contact us for your options)

Additional Resources

- Internet and a computer are required for this course.
- Digital skills is a requirement and will be assessed determined before enrolling.
- A environment/bed for practising massage on your own (at home or at your workplace)

Enrolment Fee and Tuition Fee Deposit

To secure enrolment, students are required to pay a total upfront amount of AUD \$1,000 prior to course commencement, consisting of:

- Enrolment Fee: AUD \$200 (non-refundable)
- Tuition Fee Deposit: AUD \$800 (credited toward the total course tuition fee)

Refund & Fee Policy

- A non-refundable Enrolment Fee (AUD \$200) applies in all cases.
- Students may withdraw within 7 days of enrolment confirmation and receive a refund of fees paid, excluding the Enrolment Fee, unless otherwise required by law.
- Access to online learning resources constitutes the commencement of training services.
- Where online learning resources have been accessed, a portion of the Tuition Fee Deposit may be retained to reflect services already delivered.
- After training services have commenced, refunds are calculated on a pro-rata basis for services not yet delivered.
- Fees for services already delivered, learning materials once issued, and RPL application fees are non-refundable.
- If the College is unable to deliver the course, students will be offered an alternative option or a refund for services not delivered.

Mode of Delivery

- This course is delivered through blended learning:
 - Face-to-face (on campus):
 - All practical and clinical components
 - Surface anatomy, palpation, assessments, treatment techniques
 - Supervised student massage clinic (200 clinical hours)
 - Online learning:
 - Selected theory components
 - Self-paced study using the College's digital learning platform
- *Students attend campus three days per week, allowing flexibility to undertake part-time work alongside their studies, subject to individual circumstances.

Mode of Assessment

Assessment methods may include:

- Practical demonstrations
- Case studies and written assessments
- Oral questioning
- Observation in simulated and clinical

Assessment is conducted in accordance with the requirements of each unit of competency.

Recognition of Prior Learning

All individual students are offered the opportunity to apply for RPL, please see the Student Handbook or enquire at the RTO for the procedure on how to apply.

Selection Criteria

Our course requires that you are:

- Aged 18 years or older.
- Access and ability to use a computer.
- Completion of WACE General or ATAR (Minimum C Grades) or equivalent.
- An LLND quiz will need to be completed prior to enrolling.
- Have a massage table and supplies to practice at home.
- Have a computer and stable internet.
- Be fit and healthy to perform the practical components.